

Ralph Eckert | Jorgen Sandmann | Andreas Huber



# pot

## Poolbilliard

**LEVEL**

**1**

## Pool Billiard Workout

For Beginners,  
Advanced Players and Pros

Includes the official WPA playing ability test



Used and recommended by



The European Pocket  
Billiard Federation



WORLD POOL-BILLIARD  
ASSOCIATION



World Champion  
**Thorsten  
Hohmann**



# LEVEL 1

## Pool Billiard Workout For Beginners, Advanced Players and Pros



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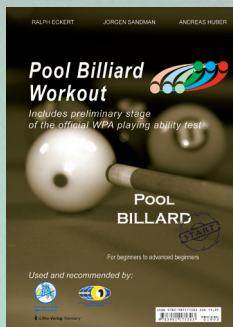




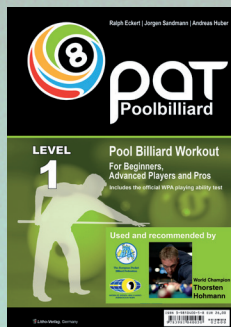
**PAT**  
Poolbilliard

## Available PAT Products & Billiardbooks

### Workbooks



**PAT Workout Start**  
ISBN-13: 978-3981171303  
Size: DIN A4, ring-bound, 64 pages



**PAT Workout 1**  
ISBN-13: 978-3981040050  
Size: DIN A4, 68 pages



**PAT Workout 2**  
ISBN-13: 978-3981040067  
Size: DIN A4, 72 pages



**PAT Workout 3**  
ISBN-13: 978-3981040074  
Size: DIN A4, 44 pages

### DVDs



**PAT 1 Training DVD**  
GTIN: 4260095330017  
System: PAL, 145 minutes,  
Language: English/German

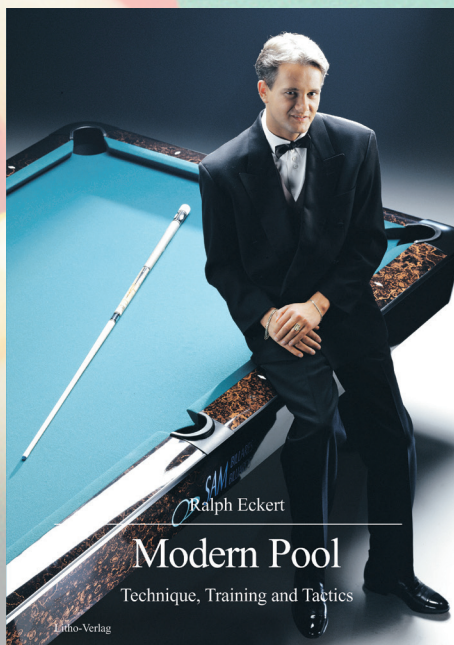


**PAT 2 Training DVD**  
GTIN: 4260095330024  
System: PAL, 160 minutes,  
Language: English/German

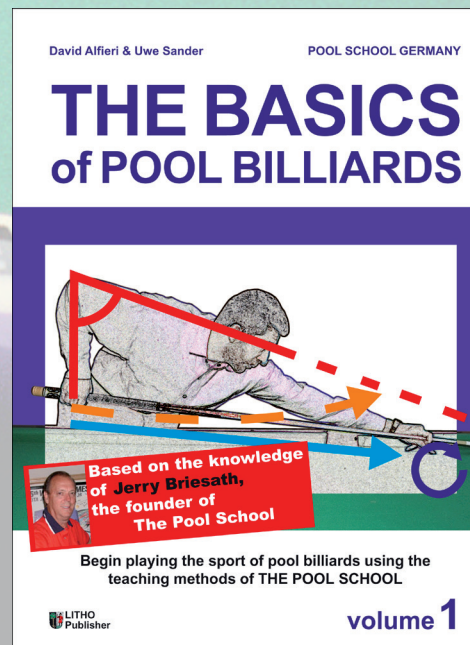


**PAT 3 Training DVD**  
Gtin: 4260095330031  
System: PAL, ca. 170 minutes + Psychology-  
CD, Language: English/German

### Books



**Modern Pool**  
Author: Ralph Eckert  
ISBN-13: 978-3980470650  
Size: 17x24cm, 320 pages



**The Basics of Pool Billiard**  
Author: Pool School Germany  
ISBN-13: 978-3980470643  
Size: 16,5x22,5cm, 192 Pages

www.billiardbook.com





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## What is PAT?

PAT stands for "Playing Ability Test", and is much more than just a method to test the playing abilities of billiard players.

It is, in fact, a system to assess the skills that one needs to play good pool on the basis of exercises evaluated. Those skills are defined in ten sectors - ten aspects of the game.

Additionally, this system may always be applied as a model to plan short, mid and long term training programs.

In this notebook, printed material for further exercises and training games to record personal performances in training may be found along with the PAT exercises.

Besides being helpful for preparing for the PAT, the whole purpose of this notebook is to assist him in training - that this cannot replace a (good) trainer is self understood!

## How to use this book?

Non proficient players, under the guidance of their trainer, start simply with the respective exercises and use Notebook 1 as a guide for their training. Choosing the exercises and games will follow by themselves, or by consulting the trainer, as well as for setting your initial goals.

The PAT is only then absolved after the first cycle through all the exercises has been completed - as an initial check up to determine further training configuration.

Proficient players start with a workout of the complete PAT - picking out the first exercises comes by itself: those exercises with the worst results (least points) are dealt with primarily.

According to time available for training, a 3-months-target should be set (e.g., 50% progress) and pursued till the predetermined result has been reached three times in succession (or, at least, 80% of the PAT target value).

2 x 12 attempts for each exercise (5 and 3 innings each) are designed on most of the score sheets, which makes reaching the set target average easier (5 innings excuses a "blooper" with less consequences). Since the tests actually consist of 3 innings, the second 12 attempts are presented with only 3 innings.

The purpose of the training is to reach the set target three times in a row in 3 innings at the end of the 3-months period.

With weekly training rounds, a single sheet could last up to 6 months if one or two exercises are absolved.

An exercise may, can and should be repeated as often as desired - however, only two recorded attempts should be performed to emphasise the "not-to-be-repeated character" of these innings. It is, in fact, recommended that this be executed witnessed (e.g., during a club training).

It is, additionally, proposed that one or two of the included games be delved with.

Should the set target be reached earlier than planned, the exercise and games may naturally be replaced by others.



The PAT-System was rubber-stamped and exclusively recognized by the WPA (World Pool-Billiard Association) in the fall of 2004. It is hence possible to be listed together with the results of the tests among an official rankings or to acquire a corresponding performance emblem (as pictured on the right).



Through the recognition of the PAT's by the WPA, national, international and even intercontinental comparisons are only now made possible (everyone does the same tests).

The grading of the above-mentioned performance emblems are classified as follows:

PAT 1 600 - 799 points	1. Light green
PAT 1 800 - 999 points	2. Dark green
<i>PAT 1 1000 onwards</i>	<i>plus certificate</i>
PAT 2 600 - 799 points	3. Light blue
PAT 2 800 - 999 points	4. Dark blue
<i>PAT 2 1000 onwards</i>	<i>plus certificate</i>
PAT 3 550 - 699 points	5. Black
PAT 3 700 - 849 points	6. Red
PAT 3 850 - 999 points:	7. Gold
PAT 3 1000 onwards	8. Pink

Further information on the tests and color emblems as well as dates for the PAT and the latest rankings will be found under:

<http://www.pat-billiard.com>

Wishing you lots of luck and success and with many thanks

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